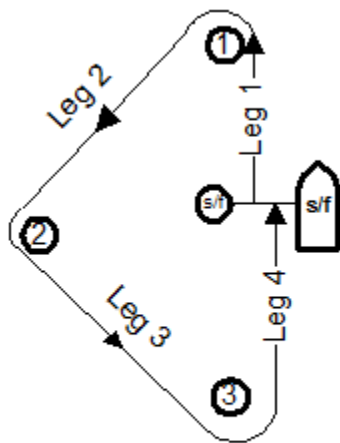


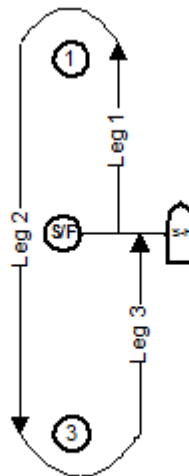


Women's Typhoon Racing
(Sample) Sailing Instructions
Spring 2017

1. **Site/Racing Area:** The Rappahannock River Yacht Club on Carter Creek in Irvington, VA and/or on the Rappahannock River at the mouth of Carter Creek.
2. **Rules:** the racing series will be governed by the Racing Rules of Sailing, 2013-2016 ("RRS"), the United States Sailing Association Prescriptions, these Sailing Instructions ("SI"), and the Equipment List. These Sailing Instructions are modeled off the Typhoon Fleet's SI with minor modifications.
3. **Eligibility and Registration:** the racing series is open to women sailors aboard all Cape Dory Typhoon Weekender, Daysailer and Open models. One "Typhoon Coach" is permitted aboard each boat per race (refer to "Typhoon Coach Guidelines" for more details).
4. **Races:** weather permitting, up to three (3) races will be held each racing day. The Race Committee has the option to increase or decrease the number of races on a given race day.
5. **Schedule:** races will start at 3:15 pm on Sundays on the following days: May 14th and May 21st. (Note: May 14th is Mother's Day)
6. **Scoring:** scoring will be determined based on the best nine (9) race results for each boat. Results will be posted on the fleet page: www.rryc.org/fleets/women-s-typhoon-racing.
7. **Sailing Instructions:** changes to the *Sailing Instructions* will be communicated via VHF Channel 72 prior to the warning signal of any race.
8. **Courses & Marks:** The majority of races will be a *Triangle with a Windward Finish*. Alternatively, a *Windward-Leeward with Windward Finish* may be set.



**Triangle
with Windward Finish**



**Windward-Leeward
with Windward Finish**



**Women's Typhoon Racing
(Sample) Sailing Instructions
Spring 2017**

9. **Starting Sequence:** an alert (3 quick airhorn blasts) will be provided as a courtesy approximately one (1) minute (untimed) prior to the official countdown sequence.

Official Countdown Sequence

| Signal | Sound and Flag | Minutes before Start |
|-------------|---|----------------------|
| Warning | 1 airhorn blast; Typhoon Flag goes up | 5 |
| Preparatory | 1 airhorn blast; Preparatory flag goes up | 4 |
| One-minute | 1 long airhorn blast; Preparatory flag is lowered | 1 |
| Start | 1 airhorn blast; Typhoon Flag is lowered | 0 |

Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded. Any boat retiring from the races shall inform the Race Committee.

10. **Time Limit:** If no Typhoon has passed the windward mark within 25 minutes from the Start or finishes within 45 minutes, the race shall be abandoned. Typhoons failing to finish the course within 25 minutes after the first Typhoon sails the course and finishes will be scored Time Limit Expired (TLE) penalty of the number of finishers plus one.
11. **Penalties & Protests:** Any boat intending to protest a rules violation shall inform the other boat at the *first* reasonable opportunity. When her protest concerns an incident in the racing area the protestor shall immediately hail "PROTEST" at the first reasonable opportunity. All participants are encouraged to settle their differences on the water, and boats violating the Rules are encouraged to exonerate themselves by doing a one-turn for either touching a mark or a for a right of way violation. (This modifies RRS Rule 44.1) WE WILL OPERATE SOLELY ON THE HONOR SYSTEM. There will be no formal post-race arbitration or hearing.
12. **Communications:** all boats are required to have a working VHF radio. The designated communications channel will be "72" but is subject to change by the Race Committee. All competitors are responsible for monitoring communications on the designated channel and being alert to any change to the designated channel.
13. **Awards:** there will be a *Post Race Happy Hour* at the end of the racing series on Sunday May 21st on the yacht club porch.
14. **Disclaimer of Liability:** Competitors participate in the racing series entirely at their own risk (refer to RRS rule 4, Decision to Race). Neither the organizing authority nor any individual managing or assisting in the conduct of the race (e.g., the Race Committee) will accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during, or after the racing series.
15. **Contact:** Stephanie Chaufourrier @ 703-623-0198 and womenstycommander@rryc.org.