



Rappahannock River Yacht Club Rappahannock Cup Regatta Sailing Instructions September 16 & 17, 2017

1. Rules. Racing Rules of Sailing and the RRYRF Constitution and Bylaws Except as altered by the Notice of Race and these Sailing Instruction.

2. Safety. All boats must adhere to the requirements of RRS/US, and the US Coast Guard Safety standards. All boats must meet PHRF "Near Shore" equipment and accommodation requirements, however, the following equipment requirements are waived: Paras. 3.7.2.1 (life buoy), 3.7.3 (heaving line), 3.8.2.1 (radio), 3.31 (gear identification), as well as 3.1.3 and 3.32 (knives.)

A boat withdrawing from a race shall notify the Race Committee as soon as possible by hail or radio.

3. Eligibility/Entries. Per the NOR.

4. Radios. VHF Channel 72 will be used by the Race Committee to communicate with the racing fleet including general race and timing information.

5. Classes. Boats should have sail numbers; however, once the boat is identified by color and name by the race committee, boats without sail numbers may be permitted to race. Each boat racing should have one of the following International Code Class Flags flying from the bow and/or stem 5 feet up from the deck. PHRF N may use two headsails downwind. Typhoons racing non-spin do not require a class flag.

CLASS FLY CODE FLAG

Spinnaker: #6 Non-spinnaker : #5

6. Schedule of Races. Two races are scheduled for each class on Saturday and one race on Sunday. If two races cannot be sailed on Saturday then the Race Committee may run two races on Sunday. The starting sequence will follow RRS/ US rule 26. On both days the first race Spinnaker Class Warning Signal scheduled at 1030, followed by the Non- spinnaker Class. One race finished shall constitute a regatta for that Class.

7. Second Race. The second race of the day will be scheduled to start after the last boat of the previous race, Spinnaker, and Non-spinnaker, has finished.

8. Courses. All races will be sailed in the area between Towles Point, and the Robert O. Norris Bridge. Courses will be Standard Triangular or Windward-Leeward using orange tetrahedron or cylindrical drop marks and will be sailed as described below and designated on the Committee Boat Course Board.

The Course Board will be set prior to the Warning Signal and will show the Spinnaker Class course designator in first position and, if different, the Non-spinnaker Class course designation in the second position. If both classes sail the same course, the second designator will be blank. Red designator letter indicates leave marks to Port. Green indicates leave marks to Starboard. Approximate distance to the first mark will be in the third and fourth positions and the approximate bearing to the mark in the last position. Should a change be made on the course board after it is posted, the race committee will fly Code Flag "L" and signal one sound for all boats to come within hail distance to see the changed course.

DESIGNATOR	RACE COURSE	LEGS
A	Windward-Leeward	2
C	Windward-Leeward, twice	4
E	Triangle	3
G	Triangle-Windward-Leeward	5
I	Triangle twice	6
K	Triangle twice-Windward-Leeward	8

10. Start. The Starting Line will be between an orange flag on the Committee Boat and an adjacent orange marker. When an orange Limiting Mark is set off the quarter of the Committee Boat, no boat shall pass between the Limiting Mark and the Committee Boat. The Starting Area is defined as extending 100 yards beyond each end of the starting line and 100 yards behind the starting line and its extensions. After the initial Starting Sequence (Warning Signal) begins, boats shall keep clear of the Starting Area until its Class Flag is hoisted, The Starting Sequence will be signaled with flags and sounds. Starts may or may not be "rolling". Meaning the warning signal for any class may coincide with the start of the previous class or the warning signal for a class will be after the starting signal of the preceding class.

SIGNAL	VISUAL	SOUND
Alert	NONE	3 Short Horns
Warning	Class Flag Up	1 Sound
Preparatory	"P" Flag Up(white on blue)	1 Sound
One Minute	"P" Flag Down	1 Long Sound
Start	Class Flag Down	1 Sound

*Alert is not a timed signal

11. Finish. The finish line will be between a staff displaying an orange flag on the Committee Boat and the adjacent orange mark. The Committee Boat will display a blue flag when in position at the finish line.

12. Penalties. A boat infringing a rule of Part 2 while racing may at the time of the incident take a Two-Turns Penalty which includes two tacks and two gybes in compliance with RRS/US 44.2. A boat touching a mark must take a One Turn Penalty, which includes one tack and one gybe. If the mark is the finishing mark, the boat must return to the course side and take the penalty before crossing the finishing line. While taking these Turn Penalties, a boat has no rights under Part 2.

13. Time Limits. The time limit for each Class is two hours for the first boat to finish. Boats not finishing within forty-five minutes of the first boat in her class will be scored DNF (Did Not Finish).

14. Protests. Procedures as prescribed in RRS/US 61.1 (a) will be followed with the modification that intent to protest and the sail number of the protested boat must be given to the Race Committee by hail or radio and acknowledged immediately after finishing. Protests must be in writing on forms available from the Race Committee and lodged within the one hour Protest Time that will begin when the Committee Boat docks at RRYC and sounds one long horn. It is emphasized that a protest must be initiated with a hail of "Protest" and a red flag flying immediately.

15. Appeals. Appeals Are denied IAW RRS 70.5 and the Notice of Race for this Regatta.

16. Scoring. Scoring for the competition for the Rappahannock Cup will be in accordance with the RRYRF Bylaws and Constitution and the Notice of Race.

17. Results. Results will be posted at the RRYC clubhouse shortly after the Committee Boat returns to RRYC and will subsequently be posted on the RRYC website www.rryc.org.

18. Awards. Awards will be distributed at the RRYC Clubhouse following the completion of Sunday's races. Trophies for 1st, 2nd, 3rd places in Spinnaker and Non-Spinnaker will be awarded.. The Rappahannock Cup will be presented to the winning club.